

Greek Salad with Beans

Calories: 212 kcal

Servings: 1

Time: 8 Mins

Ingredients

- 30.00 g Baby Spinach
- 15.00 g Green Beans
- 20.00 g Kalamata Olives
- 40.00 g Lebanese Cucumber
- 10.00 g Red Onions (finely cut)
- 2.00 g Salt and Pepper (to season)
- 30.00 g Tomatoes

Instructions

1. Blanch beans by boiling in water for 3 minutes.
2. Cut cucumber, tomato, beans and red onion. Combine all ingredients in a bowl.
3. Season with salt and pepper and serve with a dressing of your choice if desired. Notes