

Layered Keto Garden Salad

Calories: 26 kcal

Servings: 1

Time: 0 Mins

Ingredients

- 1.00 slice Bacon (chopped finely)
- 40.00 g Cucumber
- 60.00 g Lettuce
- 25.00 g Peas

Instructions

1. Cook peas, drain well and cool. Set aside.
2. Cook bacon in a frying pan until crisp. Set aside.
3. Place layers of lettuce, peas and cucumber in a mason jar.
4. Make the dressing by combining the cream, sour cream and dijon mustard together. Pour dressing over salad.
5. Sprinkle bacon over salad to serve.