Ultra Lite Mayonnaise

Calories: 25 kcal

Servings: 1

Time: 2 Mins

Ingredients

- 1.00 tsp Dijon Mustard
- 1.00 whole Egg
- 30.00 ml Flaxseed Oil
- 10.00 ml Lemon Juice

Instructions

- 1. Whisk egg with lemon juice.
- 2. Add in mustard and continue to whisk.
- 3. Gradually add in oil until all combined.
- 4. Pour over salad of your choice to serve.