Cucumber Noodle Salad with Tahini Sauce

Calories: 12 kcal

Servings: 2

Time: 0 Mins

Ingredients

• 1.00 large Cucumber

Instructions

- 1. Spiralize the cucumbers using a spiralizer (or peeler). Salt lightly and set over the sink in a coland drain
- 2. Make the tahini sauce according to the directions here.
- 3. Pat the cucumber noodles dry. Divide among plates and drizzle with tahini sauce.
- 4. Tahini Sauce (serves 4):
- 5. Combine all remaining ingredients for the tahini sauce in a blender. Puree until smooth.
- Check the consistency and add more water, a tablespoon at a time, if needed to thin out to a dres consistency.
- 7. *Save half tahini dressing for later use.