

Egg, Bacon and Avocado Bowl

Calories: 107 kcal

Servings: 1

Time: 0 Mins

Ingredients

- 70.00 g Avocado
- 1.00 slices Bacon
- 25.00 g Capsicum
- 2.00 whole Eggs
- 10.00 g Red Onions
- 2.00 g Salt and Pepper (to season)

Instructions

1. Hard boil both eggs in boiling water for 4-6mins depending on how you like them cooked.
2. While egg is boiling, cook bacon on a non-stick pan until crispy. Allow to cool slightly, then chop in pieces.
3. Chop avocado, capsicum, red onion.
4. Add all ingredients into a bowl and season with salt and pepper.