

# Warm Cajun Salad

**Calories:** 128.6 kcal

**Servings:** 2

**Time:** 20 Mins

## Ingredients

- 2.00 tsp Cajun Spices
- 120.00 g Chicken breast (cut into strips)
- 60.00 g Cos Lettuce
- 80.00 g Green Capsicum (cut into lengths)
- 2.00 tsp Olive Oil
- 80.00 g Zucchini (sliced thinly lengthways)

## Instructions

1. Sprinkle chicken with cajun spices, and brush with olive oil.
2. Grill chicken strips for 5 mins, then add zucchini and capsicum slices for a further 5-10 minutes or until chicken is cooked through.
3. While that's cooking, mix together dressing ingredients in a small bowl or jug, and set aside.
4. Place bed of cos lettuce onto two plates. Evenly top with grilled chicken and vegetables, and drizzle over dressing.