

Hearty Chicken & Vegetable Soup

Calories: 89.6 kcal

Servings: 1

Time: 30 Mins

Ingredients

- 50.00 g Carrots (diced)
- 50.00 g Cauliflower (broken into small florets)
- 50.00 g Celery (diced)
- 60.00 g Chicken Breast (sliced thinly)
- 60.00 g Snow Peas (sliced)
- 20.00 g Spring Onion (sliced)
- 1.00 whole Ultra Lite Chicken Sachet
- 2.00 cup Water
- 60.00 g Zucchini (diced)

Instructions

1. Combine water and chicken sachet in a saucepan, bring to boil.
2. Add the chicken, carrot, celery, cauliflower and zucchini return to boil, reduce heat and simmer for about 10 minutes or until cooked through.
3. Lastly, add snow peas and spring onion and stir to combine a few minutes and serve.