

Keto Cheese Garlic Rolls

Calories: 75.7 kcal

Servings: 2

Time: 40 Mins

Ingredients

- 5.00 g Butter
- 30.00 g Cheese (Cottage)
- 2.00 clove Garlic

Instructions

1. Changing the cheese or cheeses you use! A combination of mozzarella and parmesan is great, or a little blue cheese or camembert will be gooey and delicious Adding your favourite spice combination You could try some mexican spices, a few indian spices like coriander and cumin, or a bit of paprika and sumac. It all depends what you're serving this with but get creative! These little side breads are also great on their own, and you can up the protein by adding in some diced ham or bacon to them delicious breakfast to grab and go.