

Asian Chicken Salad

Calories: 631 kcal

Servings: 1

Time: 20 Mins

Ingredients

- 50.00 g Almonds (chopped)
- 15.00 ml Apple Cider Vinegar
- 60.00 g Baby Spinach
- 100.00 g Bean Sprouts
- 30.00 g Cabbage (purple)
- 120.00 g Chicken Breast
- 30.00 g Chinese Cabbage (shredded)
- 1.00 tbsp Coriander (fresh, chopped)
- 15.00 ml Flaxseed Oil
- 40.00 g Green Capsicum (diced)
- 125.00 g Slim Pasta - Angel Hair
- 20.00 g Spring Onion (finely chopped)

Instructions

1. Steam or pan fry chicken breast until cooked through, set aside to cool and then slice.
2. Prepare SlimPasta - angel hair according to packet directions.
3. Combine all ingredients together and then pour over flaxseed oil and apple cider vinegar.