

Chicken Noodle Soup

Calories: 0 kcal

Servings: 1

Time: 10 Mins

Ingredients

- 60.00 g Chicken Breast
- 125.00 g Konjac Pasta, Angel Hair
- 1.00 sachet Ultra Lite Chicken Sachet
- 1.00 cup Water

Instructions

1. Boil chicken breast in a small saucepan of water until cooked through, remove chicken and chop into small pieces and return to pan.
2. Add chicken sachet and angel hair noodles, and stir until combined.
3. ****NOTE:** Konjac pasta available from supermarkets in the Health Food aisle or Health Food Store